**Alpine November Parent Days**

**Wednesday Night, November 13th**

5:00- Check-in at the Brighton Lobby

5:00- 5:45 Visiting time at Alpine with Student in classroom.

5:45- 6:30 Welcome Dinner in the Recreational Building,

6:45– 8:00 Parent Support Group in Alpine Classroom

**Thursday, November 14th**

8:30 Bagels and Coffee in Alpine Lobby- Building #4

9:00 -9:30 Welcome – Introductions in Alpine Classroom with Mindy Exon, Program Director and Jodi Winter, Human Resource Director

9:30- 11:30 Multi-family Group in Alpine Classroom- Building #4

11:30- 1:00 Travel and lunch off campus **for students that are approved to ride with parents**

Those not approved- parent off campus lunch, student on campus lunch. (Map will be provided)

1:00- 3:00 Recreational Activity at Wheeler Farm – “Mirrors of Radical Acceptance” with Jason Silva

3:00 – 3:30 Travel back to Youth Care

3:45 – 5:15 C.D Group

3:45– 5:00 Activity – TBD

5:30- 8:30 On /Off Campus Pass Time- (Family Therapy Session time, if scheduled)

Parents may bring food back for students that have on campus pass time

**Friday, November 15th**

8:45 Muffins and Coffee in Alpine Lobby—Building #4

9:00 – 12:00 - Breakout Sessions / Individual Sessions/ Doctor Rotations/ School Rotations

Education and Doctor Rotations 15 mins in length. Family and Breakout Sessions 50 minutes to allow time to move to next session

1:00-2:15 Lunch off Campus for Parents-Please do not bring lunch back for students

2:30 -4:30 Multi-family in Alpine Classroom- Building #4

4:30-5:00 Break for parents

5:00 – 8:00 On / Off campus Pass Time- (Family Therapy Session time, if scheduled)

Parents may bring food back for students that have on campus pass time.

**Saturday, November 16th**

8:45 Donuts and Coffee in Alpine Lobby-Building #4

9:00 – 12:00 Breakout Sessions / Individual Sessions/ Doctor Rotations/ School Rotations

Education and Doctor Rotations 15 mins in length. Family and Breakout Sessions 50 minutes to allow

time to move to next session

12:00-1:00 Lunch Off Campus for Parents

1:00- 3:00 Parent Support Group and Parent Days Wrap up- Pass Expectations

3:00 – 8:00 Pass Time On / Off Campus- Parents may bring food back for students that have on campus pass time

**Sunday, November 17th**

Pass time On/ Off campus depending on Student Eligibility

**Next Parent Days – February 12th-15th**