

# JUL 2020

## BRIGTON HOUSE

SUN

MON

TUE

WED

THU

FRI

SAT

01

Gym time  
6:30-8

02

No rec  
Pizza party and  
movie L5

03

Free time  
outside L2

04

Fourth of July

05

In house  
movies, DBT,  
music tx, A.A

06

Silver lake  
Drive ( Big  
Cottonwood)  
L3

07

Waffle love  
L4

08

Gym time  
6:30-8

09

Rec therapy  
5-6:30  
Make lunch on  
campus L5

10

Interactive  
games and  
music L2

11

Rec tx 11-12:30  
Yoga  
  
In house movie

12

In house  
movies, DBT,  
music tx, A.A

13

Smore's  
L3  
Off campus

14

Spa night in gym  
With music  
L4

15

Gym time  
6:30-8

16

Rec therapy  
5-6:30  
TBA

17

Arts and crafts  
Brownies L2

18

Rec tx 11-12:30  
Yoga  
  
In house movie

19

In house  
movies, DBT,  
music tx, A.A

20

Hiking Bell  
canyon L3

21

In and out  
And drive  
L4

22

Gym time  
6:30-8

23

Rec therapy  
5-6:30  
Color me mine  
L5

24

On houses  
movie/ rice  
Krispy treats  
L2

25

Rec tx 11-12:30  
Yoga  
  
In house movie

26

In house  
movies, DBT,  
music tx, A.A

27

Swig and park  
L3

28

Black ridge  
L4

29

Gym time  
6:30-8

30

Rec therapy  
5-6:30  
TBA

31

Outside water  
games L2